

Bike Helmet Procedure

Policy/Approach:

Children will be protected from possible head injuries while riding tricycles, bicycles or riding in wagons or other wheeled play equipment inside or outside at Head Start through the use of helmets.

Head Start Program Performance Standards:

1302.47(2) – Safety Practices

Our procedures are subject to adjustment based on Public Health needs or advisory from either our local, state or federal governing bodies. Any temporary modifications to procedures in this event will be documented and shared with staff.

Procedure:

- 1. Site Managers will ensure that each center they supervise has enough appropriately sized bicycle safety helmets for each child riding on or in any wheeled, play equipment (tricycles, two-wheeled bicycles, wagons, etc.).
- 2. Center Staff supervising child play activities will ensure children are properly wearing child bike helmets when riding on or in any wheeled play equipment (tricycles, two- wheeled bicycles, wagons, etc.).
- 3. Helmet should be a good fit and not slip forward, backward, or side to side. Straps should be snug, but not too tight. The child should be able to open their mouth.
- Center staff will ensure helmets are in good condition, clean, and appropriately disinfected. Site Managers will replace helmets/padding as needed utilizing the center budget.